

Subject: 8/19/22 Excellence Network mtg. minutes- noencrypt
Date: Friday, August 19, 2022 at 3:27:04 PM Eastern Daylight Time
From: David McManus
Attachments: 8.19.22 TEN mtg. mins..docx, EXTERNAL Announcement of Quarterly Payments to Retain DSPs.eml, Daily Mental Health Check-in Getting Started DD.pdf

Good afternoon! Sending along the minutes from today's TEN meeting. Please let me know if you have any questions on any of it. Below and attached is info. on the DSP Retention Payments discussed during the meeting, as well as a flyer for the Daily Mental Health Check-In pilot with We Thrive Together. September's Excellence Network meeting will be on Friday, 9/16/22, 10:00 at the County Board office (with a virtual option).

Thanks!

David

- **DSP Retention Payments Approved!** A quarterly payment to benefit DSPs of 6.5% of many services (see attached doc.) will be made to Agency Providers who opt in. Participating Providers will need to provide data quarterly. Rule will take 60+ days to be implemented, but will back-date to July 1st.
 - Proposed rule (w/ recent updates): [5123-9-05 "Home and community based services waiver – retention payments for direct support professionals"](#).

David McManus

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THE EXCELLENCE NETWORK

FOSTERING COLLABORATIVE LEADERSHIP
TO DRIVE AGENCY EXCELLENCE IN
LICKING COUNTY



AGENDA

8/19/22

- **Old Business/Updates**
 - **Current County Board Provider support offerings:**
 - Provider Staffing Assistance; paying DSP wages to take 60hr. training to qualify for rate add-on; Med. Admin. trainings - initial & re-certifications; CPR/First aid training; All required DODD training; EVV training and assistance; Financial assistance for training, business associations, strategic planning, etc; DSP Employee Assistance Program; Referral bonus for CB staff who refer DSPs to provider agencies
 - **DSP Retention Payments – Who plans to opt in?** Quarterly payments to benefit DSPs of 6.5% of most waiver services will be made to Agency Providers who opt in. Participating Providers will need to provide data quarterly. Rule will take 60+ days to be implemented, but will back-date to July 1st.
 - CDS & the Fuse Network said they plan to opt in. PALS and CLE staff plan to check with their upper management on it.
 - Background info. on the payments attached to email.
- **New Business**
 - **We Thrive Together-** Mental Health Check-In & virtual programming resources. Website is <https://wethrivetogether.org/>
 - Steve Pelton presented info. about their offerings. These are all **FREE** for Licking Co. residents, so please check it out. Steve said to contact him with any questions or to suggest programming you'd like to see. His contact info is 440-478-2268 or Steve.Pelton@hChoices.com
 - Flyer on Mental Health Check-In attached to email. Please think of people you support who would benefit from some FREE mental health supports.
 - **T.E.N. Tidbits-** quick, mobile-friendly “grab & go” trainings you can share with your staff:
 - How to intro video- Little things can needle you to the point where you feel negativity is everywhere and this video sheds some light on why that might be.
 - Video- Brene Brown Boundaries <https://youtu.be/-WpdsRPzKco> (5 minutes 40 seconds)
 - Key Takeaways- Negativity and frustrations often mount because we don't set boundaries, Remember B.I.G. (boundaries in place for me to stay in my integrity and make the most generous assumptions about you)
 - Activity Type- Conversation- A great example of a boundary to set is making AND sticking to time for self-care- What are some self-care tips that work for you?
 - Self-care tips from T.E.N. Meeting Conversation:
 - Organize your calendar (using realistic expectations, not what we wish we could get done)

- Learn something new
 - Have a snack (I get hangry)
 - Color
 - Find corny memes
 - Watch YouTube
 - Trust others to handle things (you have them in your life for a reason)- if you cant trust them then maybe this is a sign to let go
 - Grab your favorite drink (any kind) and just sit with yourself, no agenda, just process thoughts
 - Listen to the Jojo's ASMR YouTube channel to help with sleep
 - If you don't have time for me time- Think about what LCBDD can do to help you be able to carve out you time! You deserve this time too- Little or big, share your ideas with us because even if we can't make the exact thing happen we can try to get as close as we can
- **DSP Public Service Announcement launches!**- last week Ohio launched a state-wide public service announcement (PSA) to bring awareness to direct care positions across the state. The campaign will last at least 11 weeks on cable & broadcast TV, radio, YouTube, social media, billboards, etc, and will direct applicants to a [direct care landing page](#) on the [Ohio Means Jobs website](#). Make sure to title your job listing "Direct Support Professional" to assure it gets pulled onto the landing page.
 - CDS, Viaquest, CSS, Bloom, NRH, & Independent Beginnings ads already showing up! (in a search of a 10-mile radius of 43055 zip code)
 - OMJ's website is **FREE** to use
 - OMJ resources for employers:
 - <https://ohiomeansjobs.ohio.gov/help-center/employers/employers>
 - <https://ohiomeansjobs.ohio.gov/for-employers/resources-for-employers/Workforce-Services-Team>
- **Miscellaneous**
 - **CPR & First Aid class**- Thursday, August 25th from 11:30 am to 1:30 pm at the County Board office. Sign up here: <https://www.signupgenius.com/go/4090e49aca92fa4f85-first1> Teresa plans to schedule additional dates as classes fill up.
 - **Outcomes training w/ OACB**- Lisa Comes: OACB plans to talk with the Excellence Network in September. Please let David know what you want to know about Provider's role in helping create, implement, and document outcomes.
 - If you have examples of outcomes you have questions about, please send them to David. He'll share them with Lisa so we have real examples to discuss (after taking names off them).
 - **ADS's alert HPC Provider's re: bed bug concerns?** Would it be possible for day service providers to alert attendee's home staff if a peer comes to the ADS with bed bugs, so that they can be on the lookout for any signs of tag-alongs?
 - CDS & PALS both said this was possible. They also shared that their current policies prohibit them from transporting people if there is a known issue.
 - **Any interest in being a Remote Supports Provider?** There are agencies that are now offering a complete remote supports package to Providers, that you could then offer to people you serve. Would you be interested in learning more about how that works?

- Attendees suggested asking the group again next month (end-of-meeting overload!)

Next Mtg: 10:00, Friday, September 16th at LCBDD office

Subject: EXTERNAL Announcement of Quarterly Payments to Retain DSPs
Date: Wednesday, July 13, 2022 at 11:09:52 AM Eastern Daylight Time
From: DODD Communications
To: David McManus

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Department of Developmental Disabilities

July 13, 2022

Announcement of Quarterly Payments to Retain DSPs

The Ohio Department of Developmental Disabilities (DODD) is excited to announce that federal approval has been received to proceed with an investment by Ohio's county boards of developmental disabilities to support the direct support professional (DSP) workforce. The goal of this investment is to assist Ohio's developmental disabilities system in addressing the workforce crisis through retention incentives for DSPs.

County boards, with a federal match, will generate approximately \$143 million annually for retention payments to the DSP workforce.

Retention payments will be distributed quarterly from DODD to participating providers, and providers will then send retention payments to each eligible DSP. On a quarterly basis, participating providers will be required to report certain data elements and attest that the funds were used in accordance with all requirements. Independent providers are eligible for payments and will not need to opt-in or report to participate. Waiver providers, including independent providers, of the following services are eligible for the payments:

- Homemaker/Personal Care (HPC);
- HPC – Daily Billing Unit;
- HPC – Participant-Directed;
- On-Site/On-Call;
- Shared Living;

- Non-Medical Transportation;
- Transportation;
- Adult Day Support;
- Career Planning;
- Group Employment Support;
- Vocational Habilitation; and
- Individual Employment Support.

This announcement comes after a proposal lead by Ohio's county boards of developmental disabilities and the Ohio Association of County Boards of Developmental Disabilities (OACB). County boards and OACB worked in collaboration with DODD, the DODD Workforce Crisis Task Force, the Ohio Provider Resource Network, Ohio Health Care Association, Ohio Waiver Network, Values and Faith Alliance, and the Arc of Ohio, in development of this proposal to invest local funds to support the DSP workforce.

DODD will continue to work with OACB, county boards, and provider organizations on an implementation plan. DODD is engaging stakeholders to develop an administrative rule to implement this initiative. DODD will issue a frequently asked questions document that will be continually updated, and will share developments and additional details, including the anticipated date of first payments, as the process continues.



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Ohio Department of Developmental Disabilities | 30 E. Broad St., Columbus, OH 43215

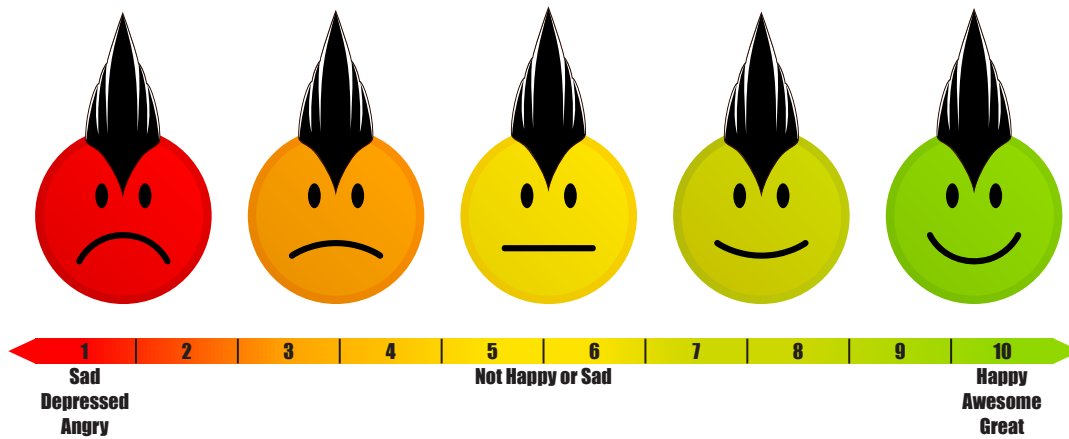
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DAILY MENTAL HEALTH CHECK-IN

The Problem

- Ongoing stress, fear, grief, and uncertainty, created by the pandemic, weigh on all of us
- Individuals were experiencing widespread mental-health distress long before COVID
- The pandemic has increased feelings of isolation, loneliness, stress, and sadness

The Solution

1. Give individuals the opportunity to express how they are doing with a Daily Mental Health Check-In by simply selecting a “Smiley Face” that coincides with how they feel
2. Increase positivity and engagement with a Daily Happiness Challenge video featuring Christopher Milo
3. Allow our support team to reach out and talk to individuals who are struggling or at-risk

How To Register

- Register an individual online: <https://wethrivetogether.org/daily-check-in>
- Register a group by email: Alyssa@WeThriveTogether.org

Why Is It Important

- The mental health and well-being of individuals we serve is critical
- States across the nation have been reporting spikes in Major Unusual Incidents (MUIs)
- Unresolved anxiety, fear, anger, depression, and sadness leads to abuse, violence, neglect, exploitation, self-harm, and even suicide

How Much Does It Cost | It's Free

- Thanks to the support of Ohio Developmental Disabilities Council

Who Is Providing The Service

- Collaboration between We Thrive Together and Christopher Milo

We Thrive Together - An Ohio 501(c)(3) nonprofit focused on reducing social isolation and loneliness of individuals with developmental disabilities by helping them talk, laugh, play, sweat, learn, advocate, and connect.

Christopher Milo - Motivational speaker, concert pianist, author, and creator of the “13 messages from Milo.” The 13 Messages from Milo are character counts that create happier places to work, live and go to school. Be positive - Be genuine - Accept - Love one another - Listen - Communicate - Work together - Be curious - Inspire - Coach - Use your talents - Be creative - Trust.

Have Questions

- Visit: <https://WeThriveTogether.org/> | Call: (866) 584-5640 | Email: Alyssa@WeThriveTogether.org