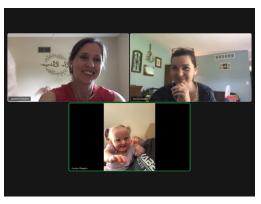


MOMENTUM

The quarterly e-newsletter of the Licking County Board of Developmental Disabilities.

Read more on our website

Not your ordinary Zoom meetings!



It's been almost six months since the Coronavirus significantly changed life in the state of Ohio.

Video chats have become the norm, Zoom is now used as a noun AND a verb and we've gotten used to people's pets joining our virtual meetings.

For the first few weeks, our LCBDD staff

members were trying to adjust to working remotely while still providing the same services and supports people expect.

Now that we've had some time to reflect and think about the future in this "new normal," it seemed important to share some of the ways that - despite the distance - we've been able to stay connected and move people forward.

Click here to read more about how LCBDD and local providers have been using technology!

A message from our Superintendent

"It is hard to believe that back in May 2018, former Gov. John Kasich signed the Technology First Executive Order - making Ohio the first state in the country to place an emphasis on expanding access to technology for people with developmental disabilities...none of us could have predicted how much 2020 would change how we thought about technology."



To read Jason's full column, click here.

LCBDD News

Did you notice? LCBDD participated in virtual reality pilot



This June, LCBDD had the opportunity to participate in an exciting pilot opportunity called "Did You Notice."

The Ohio Department of Developmental Disabilities and the Ohio Center for Autism and Low Incidence (OCALI) have partnered to build and launch a virtual reality training for direct support professionals.

Two local independent providers, Krista Paul and Annie Duncan, volunteered to test out the training tools, with support from LCBDD Provider Support Coordinator Teresa Whipkey.

Using virtual reality headsets and controllers - provided by OCALI - Krista and Annie (pictured left) went through several training modules that focused on observing behaviors to understand how a person with disabilities is communicating.

"I'm a hands-on learner. I can read something over and over but until I actually do it, it's foreign to me. It's very helpful to be thrown into a

realistic situation without the consequences of doing something wrong. It really implemented that critical thinking you need," Krista said. "I have nothing but good things to say about it."

For more information, go to **didyounotice.org** and stay tuned for more updates from LCBDD.

Coming soon: new LCBDD website!

We are thrilled to share that we are in the midst of a massive redesign of our website, **Icountydd.org.** Our hope is to launch the updated site this fall. But we need your help! If you are willing to help us test out our site - especially its new accessibility features - please call Anna Jeffries at 740-334-8917 or email her at **anna.jeffries@lcountydd.org.** Your feedback is so important!

Licking County Library offers virtual and in-person tech trainings

If you are struggling with technology and want to learn ways to be more connected, the Licking County Library can offer free, virtual tech trainings. One-on-one walk-in appointments are also available at the downtown Newark library from 11a.m. to 6 p.m. Monday-Thursday and 10 a.m. to 2 p.m. on Saturdays. Contact their Tech Trainers at info@lickingcountylibrary.org or 740-349-5509 for more information.

Are you feeling like things are all Zoom, all the time?

TMG, a provider in Wisconsin, shared several Youtube videos for people they support about how to use Zoom. Check them out!

- How to join a Zoom meeting
- How to download Zoom
- How to use Zoom during a meeting:

Thank you to **Disability Cocoon** for bringing this to our attention!



Still struggling with Zoom? Ask your Service Coordinator if they can help connect you with more learning resources.



Screen time tips!

Are you spending a lot of time in Zoom meetings? Are you meeting virtually with friends, family or your LCBDD support team? Doing school online? Click here for some tips to keep you and your family members healthy and happy with all this extra screen time.

Upcoming events

• 4:45 to 6 p.m. Aug. 19, Sept. 16 and Oct. 21: LCBDD Board Meeting. Please check our website - Icountydd.org - for information on our board meetings, many of which will be held via Zoom. We will post information there, so keep checking back.

The Licking County Board of Developmental Disabilities (LCBDD) has been proudly supporting people with developmental disabilities for more than 50 years.

LCBDD can be reached by calling 740-349-6588 or by visiting our website, **Icountydd.org**.

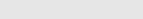
Follow us on social media by clicking on the icons below and if you are a family member of someone we support, don't hesitate to visit our family support page, by clicking **here.**

STAY CONNECTED:









Licking County Board of DD, 116 N. 22nd St., Newark, OH 43055

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